

Not only *mounting* "up with wings as eagles" (*Isaiah 40:31*) but *living* in the heights brings great serenity to the soul of the believer.

Raptors and many other large birds nest, rest, perch, and fly high. Everything they do is high, except swooping down to catch fish or other prey. Then they perch on a lofty branch to eat.

We must yearn for those high places God would have for us: "He will make me to walk upon mine high places" (*Hab. 3:19*). Crows "flap," but hawks and eagles glide elegantly. True soul serenity seems effortless, graceful. I put aside my frantic, burdensome efforts, and trust.

Two eagles were perched high in a tree. Nothing phased them: not me in a kayak pointing a camera at them, nor a friend in a nearby canoe, nor two large white dogs on the shore under them. They were at peace and out of danger, knowing they could fly away if they needed to.

Eagles appear more often alone than in groups. The solitary eagle feels no need to travel in flocks like the "lower" birds where one movement frightens the whole flock into motion. Oh, to feel safe, secure, unaffected by the scary things that make those around us tremble and run. Another time an eagle perched securely on one of the highest branches of a great pine tree as the branch blew and bent in the wind.

Soul serenity comes as we learn to go with God's currents and rest in His winds of change as conditions "blow" about us. We learn the peace of waiting upon the Lord (*Isaiah 40:31*) as we "press towards the mark for the prize of the high calling of God in Christ Jesus" (*Philippians 3:14*). "I want to live above the world....Lord, lead me on to higher ground."

~George Zeller: www.middletownbiblechurch.org

## **Soul Serenity**

## Habakkuk 3:11-19

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