

Starting the Day With God

Psalm 5:1-12

How important to begin the day with God, which sets the tone for the rest of the day. “My voice shalt Thou hear in the morning, O LORD; in the morning will I direct my prayer unto Thee, and will look up” (Psalm 5:3). Some have called it “the morning watch,” that time at the dawn of the day when the believing heart looks up to God for whatever He would have. “In the morning shall my prayer come before Thee” (Psalm 88:13).

I enjoy playing the guitar with the Sunday School children (in a reverent style). My guitar frequently gets out of tune. If I tune the guitar in the morning, it will most likely stay in tune the rest of the day. If it does not get its morning tuning, it will remain out of tune for the rest of the day, unless something is done about it. In the morning we have an opportunity to get our hearts in tune with our Lord and Saviour with the goal of keeping our hearts in tune the rest of the day.



“Cause me to hear Thy lovingkindness in the morning; for in Thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto Thee” (Psalm 143:8). The children of Israel gathered manna in the morning. If they waited, they would lose out because the sun would get hot and the manna would melt (Exodus 16:21). The Psalmist prayed every morning, as well as at noon and at night (Psalm 55:17). Our Lord’s example is noteworthy: “And in the morning, rising up a great while before day, He went out, and departed into a solitary place, and there prayed” (Mark 1:35). ***If our Lord, in His perfect humanity, needed quality time with God in the early morning, how much more do we!***

~George Zeller: www.middletonbiblechurch.org

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